

SOUTH BALTIC DREAM TOUR DESIGN: DT2. WINDSURFING EXPLORATION

THE CONCEPT: THREE SURFING ADVENTURES IN ONE TRIP

We invite you for wind and kite surfing vacations on the South Baltic Sea – North Surfing Adventereland. You will experience three different surfing experiences, three different countries and their coastal beauties on the most windiest parts of the Baltic Sea. You will start either in Gdansk, Poland or in Malmoe, Sweden (city train to Copenhagen). Your route will lead from NW or from SE depending on your starting point. On the way you will experience of surfing hotspots in Malmoe, Island Rugen and in the Gdansk Bay. Besides, you will have the chance to climb Łeba Dunes, bike in Westpomeranian Lagoon NP, see spectacular Mons & Stevns Cliffs in Denmark. You will have fun, emotions, meet friends and will remember those adventurous vacations long. Welcome to the Surfing Adventureland in the South Baltic Sea.



1. Gdansk Bay, Rewa, Przemysław Kulawczuk



2. Lomma Beach, Przemysław Kulawczuk



3. Wiek, Rugen, Przemysław Kulawczuk

Example photos: (provide 3 best pictures from your thematic attractions)

DESCRIPTION OF TOUR

3 locations for thematic activities of the Dream tour

- 1) **Gdansk Bay Surfing Hotspots** - surfing
- 2) **Rugen Island Surfing Hotspots** - surfing
- 3) **Malmoe Surfing Hotspots** - surfing

Besides we selected 3 complementary locations for additional sustainable tourism activities including:



BALTIC
dreams
HERITAGE ROUTES

- 1) Sightseeing **Słowiński National Park** with bike ride in it
- 2) Sightseeing **West Pomeranian Lagoon National Park** with bike ride in the park
- 3) Sightseeing **Mons Cliffs** by boat floating (in the morning) and walk to the bottom of the **Stevns Cliffs** (afternoon) – this is combining two attractions in one day.

SCHEDULE & ACTIVITIES

Day 1-3

GDANSK BAY SURFING EXERCISES

The first days will include training surfing skills and exercising different water activities. Participants will be trained new surfing skills and sharing experience with the more experienced classmates and an instructor. This activity will start on day 1 in the morning and will last 2,5 days until lunch 12-13.00 on the 3rd day.

Day 3

SIGHTSEEING SŁOWIŃSKI NATIONAL PARK WITH BIKE RIDE

After lunch 13.00 transfer to Słowiński NP and 14.30 bike ride to the dunes 15.00 climbing to the dunes. Around 17 jumping down the dunes. 17.30 biking ride back and end of the day around 18. The Park is covered with white sand dunes and beaches and the main trail leads to Łącka Dune and to the sea. The way to the dunes leads through the through damp.

Day 4-6

RUGEN ISLAND SURFING EXERCISES

Day 4 transfer to Rugen Island after breakfast 8-16, afternoon free. On the way, the participants can go through resorts of Świnoujście and Herringsberg see one of the most broad white sand beaches on the Baltic Sea. Day 5 and Day 6 surfing in waters of Rugen Island. Three locations will be explored and always at one location wind conditions are excellent: we will search Wieck, Binz and Darss. Further exercising and spending time in landscapes of Rugen Island.

Day 7

SIGHTSEEING WEST POMERANIAN LAGOON NATIONAL PARK WITH BIKE RIDE IN THE PARK

After breakfast leaving Rugen at 9 by bus. Around 10.30 we arrive to the park. The we take a bike ride to the lighthouse, climbing to the top and returning around 12.30 Between 12.30-14.00 we will have a meal in fish street food stands. Around 14 we will transfer to Denmark through Rostock – Gedser Ferry (1 h 45 m). Around 19 we will reach the overnight place in Zealand Island.

Day 8

SIGHTSEEING MONS CLIFF AND STEVNS CLIFFS. WALKS AND BOAT CRUISE

Spectacular, sharp cliffs can be met in surprisingly flat Denmark on the eastern Baltic Sea shores of Mons and Zealand Islands. On that day we will see the Mons Cliff from the boat cruise and after meal in the seashore restaurants we will go to the next cliff on the Island Zealand. Stevns Cliff sightseeing will include walking down to the cliff and visiting scientific center examining the Baltic coasts.

Day 9-11

MALMOE SURFING HOTSPOTS

Day 9. Morning transfer to Malmoe Sweden (Lomma Beach) lunch and afternoon surfing. During the transfer we will pass the Oresund Bridge over the Sund Strait between Denmark and Sweden and in around 1 hour we will reach the Lomma Beach near Malmoe. Lomma Beach hosts numerous sports and training centers teaching surfing skills and is a very important sailing spot in this part of Sweden. Location on the strait between Baltic and the North Sea creates ideal conditions for wind and kite surfing. It winds there. Day 10 and 11 will include a lot of surfing and showing surfing achievements of our tour participants.

SCENARIO OF VIDEO AND PHOTO RECORDING FOR SOCIAL MEDIA DISSEMINATION AND FOR THE FINAL REPORTAGES OF DREAM TOUR

Place – Activity	Themes - proposition	Method	Who	Duration
Gdansk Bay Surfing Hotspots	a) Introduction to the place – a surfing instructor short interview b) Kite and windsurfing lesson, unsuccessful and successful attempts c) Meeting together d) Common meal e) short interviews with participants	Video – Go Pro camera on participants helmets, smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic camera	Participants – coordinator – <u>photographic aid person</u>	Starting on day 1 in the morning and lasting 2,5 days until lunch 12-13.00
Sightseeing Słowiński National Park with bike ride in it	a) introduction to the place – a tour coordinator – or a local person based on availability – short interview b) Bike ride to the dunes c) Climbing the dune – show emotions d) Jumping down the dune – show fun e) short interviews with participants	Video - Smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic camera	Participants – coordinator (supplementary <u>photographic aid person</u>)	After lunch 13.00 transfer to Słowiński NP and 14.30 bike ride to the dunes 15.00 climbing to the dunes 17 jumping down 17.30 biking ride back 18 end
Rugen Island Surfing Hotspots	a) Introduction to the place – a surfing instructor short interview b) Kite and windsurfing attempts c) Attempts of acrobats d) Evening meeting	Video – Go Pro camera on participants helmets, smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic	Participants – coordinator – <u>photographic aid person</u>	Day 4 transfer to Rugen Island after breakfast 8-16, afternoon free Day 5 and Day 6 surfing

	e) Eating Baltic fish f) impressions of participants (very short interviews)	camera		
Sightseeing West Pomeranian Lagoon National Park with bike ride in the park	a) introduction to the place – a tour coordinator – or a local person based on availability – short interview b) Bike ride to the lighthouse c) Climbing the lighthouse – show emotions d) Common meal with fish – show pleasure e) Born village sightseeing	Video - Smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic camera	Participants – coordinator (supplementary photographic aid person)	Day 7 After breakfast leaving Rugen at 9 1030 in the park – ride to the lighthouse, climbing and return 12.30 12.30-14. common meal in fish street food stands Around 14 transfer to Denmark
Sightseeing Mons Cliffs by boat floating (in the morning) and walk to the bottom of Stevns Cliffs (afternoon) – this is combining two attractions in one day.	a) introduction to the places – a tour coordinator – or a local persons based on availability – short interview b) Walking to the cliffs – down and up c) Boat tour d) Common meal e) short interviews with participants	Video - Smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic camera	Participants – coordinator (supplementary photographic aid person)	Day 8 In the morning sightseeing Mons Cliffs in the afternoon sightseeing Stevns Cliff
Malmö Surfing Hotspots	a) Kite and windsurfing successful surfs b) Acrobats c) Friendship meeting (eg. singing songs or other activities) d) impressions of participants on the end of the tour (very short interviews)	Video – Go Pro camera on participants helmets, smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic camera	Participants – coordinator – <u>photographic aid person</u>	Day 9 Transfer to Malmö Sweden (Lomma Beach) lunch and afternoon surfing Day 10 and 11 surfing

PLEASE SEE THE DREAM TOUR ATTRACTIONS: WINDSURFING EXPLORATION

R2. A20. GDAŃSK BAY SURFING HOTSPOTS	Link 1
R2. A23. ŁEBA DUNES NP NATURE SIGHTSEEING	Link 2
R2. A1. RÜGEN - SURFING HOTSPOTS	Link 3
R2. A4. WESTERN POMERANIA LAGOON AREA NP. "GERMAN HIDDEN SECRET"	Link 4
R2. A7. WHITE CLIFFS OF MØNS– NATURE SIGHTSEEING	Link 5
R2. A6. RØDVIK AND STEVNS KLINT (ZEALAND)	Link 6
R2. A10. MALMÖ SURFING HOTSPOTS	Link 7