

SOUTH BALTIC DREAM TOUR DESIGN: DT6. THE GRIFFINS' ROUTE

THE CONCEPT: MEET ADVENTURE CONNECTING WITH HISTORY - THE GRIFFIN DYNASTY ROUTE

We invite you to experience the adventure and step back in time with Grifins' Dynasty, who ruled the Pomeranian Duchy for over 500 years. Visiting places associated with them you can get to know the legends, discover secrets, intriguing stories and amazing characters - such as Eric of Pomerania - born in Darłowo, who became the king of all Scandinavia and the last Viking in the Baltic Sea. Following in their footsteps, it is worth to deviate from the course to meet real Vikings, rest in a spa, go water skiing and lie on the beach.



1. Szczecin – The Pomeranian Dukes' Castle- West Pomeranian Marshal Office sources



2. Center of Slavs and Vikings in Wolin - West Pomeranian Marshal Office sources



3. Kamień Pomorski – The Cathedral - West Pomeranian Marshal Office sources



4. Trzebiatów - Church of Motherhood of the Blessed Virgin Mary - West Pomeranian Marshal Office sources



5. Szczecinek – The Pomeranian Dukes' Castle



6. Bytów – The Castle, Gothic Tower and Museum



7. Słupsk- The Pomeranian Dukes' Castle - Museum of Central Pomerania in Słupsk



8. Darłowo – The Pomeranian Dukes' Castle – Tomasz Duda sources



9. Darłówko – District of Darłowo, sunbathing and lighthouse – West Pomeranian Marshal Office sources

DESCRIPTION OF TOUR

Locations for thematic activities of the Dream tour (Polish part)

The car will be the most convenient means of transport for the entire route. You can use public transport / private buses but it will be much more time-consuming.

- 1) **Szczecin, The Pomeranian Dukes Castle (+ National Museum in Szczecin+Cathedral)** – sightseeing of the city ((1st and 2nd day)
- 2) **Kamień Pomorski, The cathedral complex** – sightseeing (3rd and 4th day)



- 3) **Trzebiatów, Chapel of the Holy Spirit, Palace over the Młynówka River, Church of Motherhood of the Blessed Virgin Mary**, – sightseeing (5th day)
- 4) **Szczecinek, The Pomeranian Dukes' Castle** – sightseeing (5th day and 6th day)
- 5) **Bytów, The Castle, Gothic Tower and Museum** – sightseeing (7th day)
- 6) **Słupsk, The Pomeranian Dukes' Castle** – sightseeing (8th day)
- 7) **Darłowo, The Pomeranian Dukes' Castle** – sightseeing and sunbath (9th and 10th day)

Complementary locations for additional sustainable tourism activities including:

- 1) Sightseeing **Szczecin** with city bike ride (2nd day)
- 2) Sightseeing **Slavs and Vikings Center** in Wolin (Reclaw) (3rd day)
- 3) **Health resort Kamień Pomorski** - place for relaxation (4th day)
- 4) **Szczecinek** - activity - water skiing, alternatively water tram / kayaks / water bikes on the lake Trzesiecko (5th day)
- 5) **Darłowo** - rest on the beach, visit the lighthouse, you can take a boat trip (10th day)

SCHEDULE & ACTIVITIES

Day 1-2

Capital of Western Pomerania - headquarters of the Griffins' Dynasty

Get to know the Griffins' Dynasty - we will start our journey in Szczecin, which was the headquarters of the Griffins' dynasty that ruled the Pomeranian Duchy for over half a millennium.

On the first day in Szczecin, we will visit the Pomeranian Dukes' Castle located in the city centre. It is the oldest residence of Griffins' dynasty. Then, we will go to the nearby National Museum, where you can see an exhibition "Golden Age of Pomerania", with many important exhibits related to Griffins' Dukes, and later we can go to the Cathedral of St. Jacobs, where is the chapel of Griffins' Dukes. By the way, we will see the square with the beautiful fountain of the White Eagle. Being in the Cathedral, you can enter the tower and see the panorama of the city.

For dinner, go to the nearby old town, where there are many pubs and restaurants.

Day 2 - it's worth starting the day with the visit of the museum "Przełomy" - which is also located near the Castle. The museum shows the history of West Pomerania since the outbreak of the Second World War in 1939 to the present day. Literally opposite is the Philharmonic, which is a new showcase of Szczecin - a building with great acoustics, awarded many architectural awards. Then it is worth going to Wały Chrobrego (Chrobry Embankment), about 300 meters. It is a representative place of Szczecin, where the museum buildings, the Provincial Office and the Maritime University are located. You can eat there at one of several restaurants. Later, rent a city bike and go to Kasprów Park - a spring full of crocuses, in the summer, encouraging clones alleys to walk. The park has many attractions for children, there are cafes and restaurants. Walking through the park you can walk to the reconstructed pre-war rose garden.

Attention! museums are closed on Mondays

Day 3 – 4

Vikings in Wolin, The Sacred and the Profane in Kamień Pomorski

From Szczecin, we set off to Kamień Pomorski. On the way, we stop at the Center of Slavs and Vikings - a village in the town of Wolin, inhabited by real Vikings. You can go here Every year at the beginning of August, a festival takes place here, which is visited by many reconstruction groups as well as tourists who want to see how the Vikings lived and how they fought. The stay in this place will take us about 3 hours. Behind the museum are also the remains of the castle, which was the seat of widows of Pomeranian Dukes. Today at this place is the Center for International Cooperation. Then we go to the spa town of Kamień Pomorski, where we will have dinner. Then we visit the Cathedral complex. It is worth taking advantage of accommodation in "Kamień Pomorski Spa", where you can take advantage of spa and healing treatments. The next day after breakfast, it is worth visiting the modern marina. It is also worth visiting the Museum of Stones. In the afternoon, it is worth taking advantage of spa treatments and free time. If you are here in the summer - you can listen to organ concerts in the cathedral. Look out for beautiful baroque organ - they come from the foundation of Pomeranian Dukes. Being in the cathedral, see also a unique patio.

Day 5

Traces of Griffins' in Trzebiatów

After breakfast, we leave Kamień Pomorski and drive to Trzebiatów. It is a city of four cultures. Walking through the old town, pay attention to the Chapel of St. The spirit in which the Reformation in the Duchy of Pomerania began in the 16th century. Today it is an Orthodox church. The chapel is open only on Sunday morning. Later it is worth going to the Palace over Młynówka - here you will learn a lot about this historic city and its past also related to the Griffins' dynasty. On the way, see the sgraffito presenting the famous Hansken elephant, which Trzebiatów is very proud. In the end, visit the Church of Motherhood of the Blessed Virgin Mary near the old market square. After sightseeing, it's time for dinner, then we go to Szczecinek.

Day 5-6

Szczecinek

Arrival about 17. The trip by water tram (maybe water tram name of Duchess Jadwiga?) on "Mice Island" on Trzesiecko Lake or another water activity. Free time – dinner. Day 6 - After breakfast visit in The Pomeranian Dukes' Castle, and Regional Museum in Szczecinek. Lunch. After lunch water bike on Trzesiecko Lake, free time (visit in one of restaurants or pubs). We stay in Szczecinek until the 7th day. You can stay overnight at the Pomeranian Dukes' Castle. There is also a restaurant here.

Day 7

Bytów and Słupsk

After breakfast move to Bytów. Sightseeing, visit The Castle, Gothic Tower and Museum and lunch. After there will move to Słupsk. On the way, visit the Witches' Tower (Hexenturm). Dinner in Słupsk.

Day 8

After breakfast visit in The Pomeranian Dukes' Castle (guide trip) and walking the Griffins' Path in Słupsk. Transfer to Darłowo, free time - dinner. On the way, stop for a moment in Swołowo, which is a peculiar capital of the checkered land.

Day 9-10

After breakfast, head to the Pomeranian Dukes' Castle in Darłowo, where King Eric of Pomerania was born (he became the king of all Scandinavia). We visit the castle with a guide. We visit the Church Divine Mother of Częstochowa in Darłowo, where King Eric and two Pomeranian Duchesses were buried. Focus attention to the pulpit depicting the tsunami on the Baltic Sea and plaque dedicated to King Eric. Later, visit the unique chapel of St. Gertrude. We stop for dinner at one of the restaurants referring to the nobility's times. We head to Darłowo. We spend the last one and a half days on rest after these few intense days following the traces of the Griffins' Dynasty. There are many possibilities - a cruise ship, a lighthouse, sunbathing and even kite surfing on Lake Bukowo.

SCENARIO OF VIDEO AND PHOTO RECORDING FOR SOCIAL MEDIA DISSEMINATION AND FOR THE FINAL REPORTAGES OF DREAM TOUR

Place – Activity	Themes - proposition	Method	Who	Duration
Capital of Western Pomerania - headquarters of the Griffins' Dynasty	a) Introduction to the place – visit to the Pomeranian Dukes' castle with a guide -- a tour coordinator – or a local person based on availability – short interview b) National Museum with a guide	Video – Smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic	Participants – coordinator – <u>photographic aid person</u>	Starting on day 1 in the morning and lasting 3 rd day after breakfast.

	c) Cathedral st. James d) City bike trip – the most attractive places e) Common meals f) short interviews with participants	camera		
Visit Center of Slavs and Vikings in Wolin	a) Introduction to the place – guided by one of Vikings – a tour coordinator – or a local person based on availability – short interview b) Historical workshops c) visit to the Regional Museum and the remains of the Pomeranian Dukes' Castle d) short interviews with participants	Video – Go Pro camera on participants helmets, smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic camera	Participants – coordinator – <u>photographic aid person</u>	Arrive form Szczecin (about 10 o'clock). Stay in Center of Slavs and Vikings about 3 hours, 0,5 hours in Museum and moved to Kamień Pomorski.
Kamień Pomorski, The Cathedral complex and health resort	a) Introduction to the place – visit in The Cathedral complex - – a tour coordinator – or a local person based on availability – short interview b) Health reappear c) Marinas' sightseeing. d) Common meals e) short interviews with participants	Video - Smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic camera	Participants – coordinator – <u>photographic aid person</u>	Lunch. After lunch visit in The Cathedral complex. Stay in "Kamień Pomorski Health Resort". Medical treatments. Day 4 After breakfast, walk around the Marina in Kamień Pomorski, lunch, relax in Health Resort, dinner, free time.
Trzebiatów, Chapel of the Holy Spirit, Palace over the Młynówka River, sgraffito with the famous elephant, Church of Motherhood of the Blessed Virgin Mary	a) Introduction to the places – a tour coordinator – or a local persons based on availability – short interview b) Visit in historical places c) Common meal d) short interviews with participants	Video - Smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic camera	Participants – coordinator – <u>photographic aid person</u>	Day 5 After breakfast moved to Trzebiatów (about 10-11 o'clock) Visiting Chapel of the Holy Spirit if the will be open, Museum in the Palace over the Młynówka River, walk through the old town and along the city walls, visit in the Church of Motherhood of the Blessed Virgin Mary in Trzebiatów. After sightseeing – lunch.
Szczecinek, The Pomeranian Dukes' Castle, activities on Trzesiecko lake	a) introduction to the places – a tour coordinator – or a local persons based on availability – short interview b) Visit in historical places (Castle, City hall, Regional Museum) c) Activities on lake area d) Common meal e) short interviews with participants	Video – Go Pro camera on participants helmets, smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic camera	Participants – coordinator – <u>photographic aid person</u>	After Lunch moved to Szczecinek, Arrive about 17. Trip by water tram on "Mice Island" on Trzesiecko Lake or another water activity. Day 6 After breakfast visit in The Pomeranian Dukes' Castle, and Regional Museum in Szczecinek. Lunch. After lunch water bike on Trzesiecko Lake, free time (visit in one of restaurants or pubs).
Bytów The Castle In Bytów	a) Introduction to the places – a tour coordinator – or a local persons based on availability – short interview b) Visit in historical places (Castle, Museum, Gothic Tower) c) Common meal	Video - Smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic camera	Participants – coordinator – <u>photographic aid person</u>	Day 7 After breakfast move to Bytów. Sightseeing, visit in The Castle, Gothic Tower and Museum. Lunch, after this moved to Słupsk. On the

	d) short interviews with participants			way, visit the Witches' Tower (Hexenturm). Dinner in Słupsk.
Słupsk	a) Introduction to the places – a tour coordinator – or a local persons based on availability – short interview b) Visit in historical places (Castle, Museum, the Griffins' Path in Słupsk) c) Common meal d) short interviews with participants	Video - Smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic camera	Participants – coordinator – <u>photographic aid person</u>	Day 8 After breakfast visit in The Pomeranian Dukes' Castle (guide trip), the Griffins' Path in Słupsk, Swołowo - the capital of the checkered land, Move to Darłowo (district of Darłowo), free time and dinner.
Darłowo (Darłowo)	a) introduction to the places – a tour coordinator – or a local persons based on availability – short interview b) Visit in historical places c) Visit in lighthouse d) Boat tour (additional) e) Common meal f) Relaxation in beach g) impressions of participants on the end of the tour (very short interviews)	Video – Go Pro camera on participants helmets, smartphone camera <i>Use microphones for interviews!</i> Photos – regular photographic camera	Participants – coordinator – <u>photographic aid person</u>	Day 9 After breakfast go to Darłowo - The Pomeranian Dukes' Castle. After sightseeing, meal in one of historical restaurant. Go to Darłowo. Day 10 Darłowo district - rest on the beach, visit the lighthouse.

PLEASE SEE THE DREAM TOUR ATTRACTIONS: WINDSURFING EXPLORATION

R2. A1. Szczecin	Link 1
R2. A2. Center of Slavs and Vikings and Wolin	Link 2
R2. A3. Kamień Pomorski	Link 3
R2. A4. Trzebiatów	Link 4
R2. A5. Szczecinek	Link 5
R2. A6. Bytów	Link 6
R2. A7. Słupsk	Link 7
R2. A7. Darłowo	Link 8