

## SOUTH BALTIC DREAM TOUR DESIGN: DT8. WORLD OF FISH(ERMEN) (Enriched and Improved)

### THE CONCEPT: LEARNING – FISHING - EATING

We invite you to learn (more) about fish and the profession of fishermen, about the techniques to catch fishes and finally to enjoy fishes as simple everyday food or even as culinary delicacy. This tour of experience will lead you from Karlskrona in Sweden via the islands of Rügen and Usedom in Germany till the fishing town of Darlowo in Poland. The topic “learning” comprises all aspects of the species fish as well as the education in the activities of angling. The topic “fishing” offers the option to try to catch various kinds of fish by yourself at different angling hotspots and finally the topic “eating” will guide you to exciting restaurants with delicious fish dishes.

Besides, you will have the opportunities to enjoy beautiful coastal landscapes, learn more about nature in national parks and relax at different beaches.

Welcome to the “World of Salmon and Herring” in the South Baltic Sea.



1. Happy angler with magnificent salmon, Simrishamn, (C) Rohdin



2. Herring season - fishermen at work (Baabe, Isle of Ruegen), © Freddie Bijkerk



3. Bornholm Fish Smokehouse welcomes... ©BHR,PK

4. Bornholm Fish Smokehouse welcomes... ©BHR,PK

### DESCRIPTION OF TOUR

Three areas for thematic activities of the Dream tour

- 1) **Karlskrona and Mörrum/Sweden – angling hotspots** – learning and doing (fishing)
- 2) **from Rügen to Usedom / Germany** - learning and doing (fishing) and eating



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### 3) **Darlowo/Poland (professional fishery harbour)** - learning and doing (fishing)

Besides, we selected three complementary additional sustainable tourism activities:

- 1) **Sightseeing** Karlskrona and Stralsund – sites of UNESCO world heritage
- 2) **Hiking** and enjoying nature in the National Park Jasmund and at Szczecin Lagoon
- 3) **Relaxing** at the beaches of Binz (Rügen) and Heringsdorf (Usedom) by sunbathing and swimming

## **SCHEDULE & ACTIVITIES**

### **Day 1-4**

#### **KARLSKRONA AND MÖRRUM FOR LEARNING AND FISHING**

The arrival day might include a guided tour to the world heritage town of Karlskrona. The second and third days are booked for theoretical and practical training courses in angling for different levels, both beginners as highly specialized anglers: methods of angling, necessary equipment, characteristics of the location, fishery laws, necessary licenses, permissions and others more.

Day 4 is for own experiences, to test the lessons learnt by angling salmons at the hotspot of Mörrum river. Services as places to wash, clean and process the fish or to freeze and store them, are available.

### **Day 5**

#### **EDUCATION IN MUSEUM AND TRANSFER**

Before leaving from Trelleborg to the Island of Rügen, it is worth making a small detour to the former fishermen's village of Raa (Helsingborg) for visiting the historic fishery museum and harbour area. The place is well known and very popular among water tourism lovers. In the harbor area are many offers of fish specialities and traditional regional fish cuisine. In the late afternoon the travel to Trelleborg can be continued to reach the ferry to Sassnitz (Germany).

### **Day 6**

#### **RÜGEN ISLAND FOR ADDITIONAL ACTIVITIES, "LEARNING" AND "EATING"**

During day 6 the smallest German National Park –Jasmund- can be visited. You may hike there and enjoy the outstanding natural landscape: white chalk cliffs, beech forests, rare plants like orchids and others. Hidden in the forest, there are also megalithic stone graves. The National Park Information Centre "Königsstuhl" (translated: "Kings' chair", name of the highest point of the white cliffs) in Hagen belongs to the most favorite natural exhibitions in Germany and a visit is strongly recommended.

Optionally, members of the group may enjoy the beaches of the island: they may choose either white, sandy beaches for sunbathing and swimming or stony beaches for walking and looking for fossils.

Lunch and dinner can be enjoyed in the Sassnitz harbour area: cost effective offers of very fresh “every day fish food” or extraordinary fish cuisine in \*\*\* stars restaurants.

**SOUTH BALTIC SEA INSPIRATIONS: CULINARY TRIALS AND FISH CATCH**

<p>4. Traditional fish cuisine: frightened herring, sweet-sour marinated, © Freddie Bijkerk</p>	<p>5. Stralsund Street Food – Smoked Fish, ©BHR,PK</p>	<p>6. Catch for Sea Bass in Morrum River, ©BHR,PK</p>	<p>7. Fishery port in Łeba, ©BHR,PK</p>

**Day 7**

**EDUCATION AND SIGHTSEEING**

Transfer to the UNESCO world heritage town of Stralsund. Due to the lack of time - it is recommended to take part in a guided tour through the old, historical center of the Hanseatic city (founded 1234), to experience numerous historical highlights: specific architecture from different centuries, maritime traditions, Swedish heritage and more. “Oceaneum” and “Meeresmuseum” are just 2 of 5 regional maritime museums – but they belong to the German museums with the highest number of visitors. Thus, they are really worth a visit.



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To enjoy a lunch or dinner, there is a wide range of restaurants to be found in the city center or in the harbour area. An excellent local beer, produced in the brewery "Störtebeker", can be tested in a well known pub (Hafenkneipe) "Die Fähre", near the harbor. This pub is one of the oldest in the whole Baltic Sea region. Even the German Chancellor Angela Merkel gave a reception for Presidents of the Baltic Sea Region States in this pub.

Numerous hotels with different offers and price categories are available for overnight stays.

## **Day 8**

### **STRELASUND/GREIFSWALDER BODDEN FOR "ANGLING"**

Depending on the respective fish season, the Strelasund (strait between the mainland and the Isle of Rügen) and the Greifswalder Bodden are popular angling areas. Even passionate anglers from far away come to catch herring. The herring has its main season in the early spring, when he comes to the Greifswalder Bodden to spawn. During this time one can see hundreds of small boats on the Strelasund with lots of anglers busy with catching herring. Later, in May, the hornfish follows, just for 3-4 weeks. Hornfish with its special green fish bones is very popular especially among residents and insiders. But the bodden waters are also well known for large pikes, up to 1 m. They can be caught after the seasonal closure (mid of March - mid of May)

However, anglers have to buy licenses and permissions for local waters and they have to respect specific laws on fisheries and closure seasons for fishes. Thus, it should be a good option to book guided angling tours.

## **Day 9**

### **TRANSFER VIA GREIFSWALD AND FREEST TO USEDOM.**

During day 9 the transfer to the Isle of Usedom shall be arranged. Short stops at the fishermen villages and harbours of Wieck near Greifswald and Freest will give impressions about fishermen's work and life: visiting them at work when they come back from fishing to the harbour and process the caught fishes.

Both localities show outstanding examples of old, pretty thatched fishermen houses, an old special wooden bridge in Dutch style in Wieck, old small wooden houses for salting the fishes in Freest, many boats and fishery equipment and of course fish shops, restaurants and fish markets

In the evening, lots of restaurants are available on the Isle of Usedom, offering different cuisines and of course the fresh, locally caught fishes.



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## **Day 10**

### **ENJOYING NATURE AND “LEARNING”**

In the morning, participants can join a guided tour for nature observation - at Szczecin Lagoon, by boat. The guide will tell about natural specialities in this region, about wildlife, about the fishermen’s life and about sea eagles -which can perhaps be observed- and their relationship to common sea gulls .

Optionally, members of the group may enjoy the white, sandy beaches of the island and go for sunbathing, swimming and beach life.

In the late afternoon, the transfer to Darlowo / Poland will be arranged. A dinner will be offered in a carefully selected restaurant on the way to Darlowo.

## **Day 11 and 12**

### **(PROFESSIONAL) INSHORE FISHING AT DARLOWO AND OWN SEA-ANGLING**

During day 11 participants will be educated in “Darlowo inshore fishery and techniques of sea-angling”. Therefore they will meet professional fishermen to listen to their stories, to visit their work places and to help them with their work, e.g. taking the fishes out of the nets. Fishermen will give insights and introductions how to clean the fish, how to gut it, to fillet or to smoke it.

Day 12 can be used for a huge boat trip to the open sea, for sea angling, guided by experienced staff.



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**PLEASE SEE THE DREAM TOUR ATTRACTIONS: WORLD OF FISH(ERMEN)**

R8. A1. Blekinge Län - Morrum river – sightseeing and angling	See attraction 1 on Route 8
R8. A4. Raa (Helsingborg)- museum	See attraction 4 on Route 8
R8. A6. Jasmund – national park	See attraction 6 on Route 8
R8. A7. Binz – relaxing = culture (bath architecture) and sun-bathing	See attraction 7 on Route 8
R8. A9. Stralsund – 2 museums, world heritage	See attraction 9 on Route 8
R8. A11. Freest – fishermen at work	See attraction 11 on Route 8
R8. A12. Kaiserbäder – guided tour and relaxing	See attraction 12 on Route 8
R8. A17. Darlowo – sea-angling	See attraction 17 on Route 8